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Final Review



Legacy

Quarterly Questions

Habits of the Mind

RF

Global Connections

REFLECTION





Habits of the Mind Quotes

From <http://www.instituteforhabitsofmind.com/quotes> (Match the quote with a H.O.M. on following pages)

\_\_\_I refuse to accept the view that mankind is so tragically bound to the starless midnight of racism and war that the bright daybreak of peace and brotherhood can never become reality. I believe that unarmed truth and unconditional love will have the final word.

-Rev. Dr. Martin Luther King Jr.

\_\_\_People who do not break things first will never create anything.

-Tagalog Proverb

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\_\_\_Practice being excited.

-Bill Foster

\_\_\_It is necessary to try to surpass oneself always; this occupation ought to last as long as life.

-Queen Christina, of Sweden

\_\_\_Time spent laughing is time spent with the Gods.

-Japanese proverb

\_\_\_Leap and the net will appear.

-Julie Cameron

\_\_\_Tell me, and I’ll forget. Show me, and I may remember. Involve me, and I’ll understand.

-Native American Proverb

\_\_\_The voice of intellect is a soft one, but it does not rest until it has gained a hearing.

-Sigmund Freud

\_\_\_The temple of our purest thoughts is silence.

-Sarah J. Hale

\_\_\_The top of the hill is but the bottom of another mountain.

-Ankit Jamwal

\_\_\_If you judge people, you have no time to love them.

 -Mother Teresa

\_\_\_It takes a long time to become young.

 -Pablo Picasso

\_\_\_The first problem for all of us, men and women, is not to learn, but to unlearn.

-Gloria Steinem

\_\_\_No problem can be solved from the same consciousness that created it. We must learn to see the world anew.

-Albert Einstein

\_\_\_Caution is the eldest child of wisdom.

-Victor Hugo

\_\_\_Be patient toward all that is unsolved in your heart and try to love the questions themselves... Do not now seek the answers which cannot be given you because you would not be able to live them and the point is to live everything. Live the questions now. Perhaps you will then gradually, without noticing it, live along some distant day into the answer.

-Rainer Maria Rilke

This section is in large part thanks to information obtained from Kristen Fraley during her presentation “Incorporating Habits of the Mind” on June 23, 2010. Information can also be obtained from the official website: [www.instituteforhabitsofmind.com](http://www.instituteforhabitsofmind.com)

**H.O.M. OVERVIEW**

The 16 Habits of Mind

1. Persisting: I consistently stick to a task and am persistent. I am focused. I strive to reach my goal.
2. Managing Impulsivity: I think before I act. I form a vision of the product, plan of action, or goal. I always consider consequences and alternatives. I remain calm, thoughtful and deliberate.
3. Listening to Others with Understanding and Empathy: I spend a large amount of time listening. I can accurately paraphrase another person’s idea. I can detect emotional states in oral and body language. I understand diverse perspectives.
4. Thinking Flexibly: I can change my mind, especially when I get additional information. I create and seek novel approaches to problems. I can generate alternatives and consider options because I can look at ideas in another way.
5. Meta-cognition (thinking about your thinking): I have the ability to understand what I do know and what I don’t know. I form mental questions as I search for information and meaning. I am able to reflect upon and evaluate my thoughts and feelings. I am aware of my own actions and how my actions affect others.
6. Striving for Accuracy: I strive for excellence in everything. I do without being a perfectionist. I am focused on accomplishing a task. I like producing exceptional work and being proud of my work. I rework tasks to improve the final results. I always try my best and set high standards.
7. Questioning and Problem Posing: I enjoy finding problems to solve. I ask myself questions to fill in the gaps between what I know and don’t know. I make connections and can see relationships. I like to pose high level questions and hypothetical problems to solve. I have a questioning attitude. I can figure out what data is missing and create strategies to produce answers to problems.
8. Applying Past Knowledge to New Situations: I learn from previous experiences. I call upon my store of knowledge to solve new challenges. I can abstract meaning from one experience and apply it to a new situation. I like to use what I learn and transfer that knowledge beyond the situation in which it was experienced. I use what I learn.

**A “Habit of Mind” means having a disposition toward behaving intelligently when confronted with problems, the answers to which are not immediately known.**

9.Thinking and Communicating with Clarity and Precision: I communicate accurately and eloquently in both written and oral form. I use precise language. I can define terms and I support my statements with explanations, reasoning, comparisons and evidence.

1. Gathering Data through all Senses: I like to learn from hands-on experiences and observe the environment around me. I form mental images and engage in visual-spatial reasoning tasks. I take information in through my senses and solve problems through scenarios and role playing. I pay attention to the world around me. I like to gather data through all my senses.
2. Creating, Imagining, and Innovating: I challenge myself to think of original, ingenious, and creative products, solutions and techniques. I like to look at alternative possibilities from many angles. I am open to constructive criticism. I start with a vision and work backwards.
3. Responding with Wonderment and Awe: I enjoy figuring things out by myself. I challenge myself to be a lifelong learner. I am curious about the world around me. I have fun looking for problems to solve and I am passionate about learning. I find the world awesome, mysterious, and intriguing.
4. Taking Responsible Risks: I take educated and responsible risks. I am not impulsive. I have an urge to go beyond established limits. I am challenged by the process or finding the answer. I view setbacks as interesting., challenging, and as an opportunity for growth. I like to venture out and try new experiences.
5. Finding Humour: I appreciate and understand humour. I am able to laugh at myself. I have the ability to perceive situations from an original and interesting vantage point. I am verbally playful and I enjoy absurdity, irony and satire. People say I have a sense of humour. I challenge myself to find the whimsical and unexpected.
6. Thinking Interdependently: I am sensitive to the needs of others. I realize that many people working together on a team are more powerful intellectually and/or physically. I have a heightened ability to think in concert with others. I am a team player. I am able to work and learn from others.
7. Remaining Open to Continuous Learning: I challenge myself to always be open to learning and be a lifelong learner. I constantly search for new and better ways and I enjoy exploring alternatives. I admit when I don’t know something and strive to learn. I view problems as valuable opportunities to learn. I have so much to learn.

Quarterly Questions

(You should do this assignment four times.)

Circle or highlight the appropriate quarter in the brackets:

(Quarter 1 / 2 / 3 /4 )

* + 1. What have you learned in Global Connections and how will you use it in your life?
		2. What advice will you give the rising seniors regarding this class?

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* + 1. How has this class helped you stretch your comfort zone?
		2. Over the course of your time in the academy, what are the strongest elements that have assisted you in your growth? (These are the Pluses)
		3. Over the course of your time in the academy, what are some changes you feel would have helped you? (These are the Deltas)
		4. What suggestions would you make to the administration regarding these changes? (These are the practical steps to achieve the Deltas)

Legacy Assignment

As you know from your first days in this class, the legacy assignment connects the student alumni with the future students and allows for the rooting of a senior project tradition that can be passed on from one generation to the next. This is a way in which the projects can continue full circle. This is why information on the Legacy Assignment is place both in the proposal stage (the start), and the Reflection stage (the end).

It reminds us that the end of one thing is the start of another.

Some students have given Legacies solely based on the criteria established, others used the Legacy Assignment as an opportunity to reflect and pass on that reflection to the future generations.

Use this space to consider if you wish to take this route, and leave a legacy that is more than just a list of instructions, but reflection on what those practical steps mean in the larger realm of the universe.

RF3

Junior Days

Students will no doubt remember when they came into class as juniors to listen to advice from seniors and ask questions about the upcoming year. Here is your chance to pass on your advice.

Share your thoughts here….and be nice.

Junior Preliminary Sign Up

Research and Project Idea

Cohort Information

|  |  |  |
| --- | --- | --- |
| Name /Contact Info | General Interest | Ability to Assist |
|  |  |  |
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Academy Improvement Seminar

Need for Assistance

Hello My Name Is:

Contact

If it’s too easy, they won’t learn anything. I have their best interest at heart!

You are no doubt working on a problem / phenomenon that has no easy explanation or solution. We are all learning from your work. It would be great to have someone carry on your ideas to a deeper level from one year to the next

They should struggle and strive to overcome obstacles, just like I have to!

The idea isn’t to struggle, but to network. Delegation is the key to many successes in the project world. Why not turn that frown upside down, and get Juniors to buy into your idea, perhaps getting some much needed help yourself (like an apprentice of your very own)

Why should I help the Juniors?

Nobody helped me when I was a Junior!

Actually, juniors assisted in the June presentation, and part of leadership is the act of mentoring. Don’t you recall your own “Junior Days?

They will have to still make the project their own when they become seniors, and you get the legacy credit

There are so many good reasons. Look under each bubble for an answer

They’re just going to steal all of my good ideas and hard work.

Perhaps the largest legacy any member of any group can leave is an idea (singular)…one that is well thought out, rather than many that are half baked. Perhaps the largest gift any group can give is the ability to listen. So here is your chance to share your thoughts about the Academy as a whole. Be sure to spend the most time on “developments” and “suggestions” as the goal of this seminar is to improve the academy. There are three boxes for pluses of the Academy and three boxes of deltas for the academy.

We are looking for your personal experiences, so do this assignment alone.

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Pluses Reasons Explanation

Date of Seminar\_\_\_\_\_\_\_\_\_\_\_\_ In Attendance\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Deltas Reasons Suggestions

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Final Cleanup

RF4

After an event is all done and the final lights go out, there is sometimes a feeling of being done with the whole process. Even though it may go against our “take a sigh of relief” reflex, there are a couple of items that need to be checked off the Things to Do list. Check to make sure you’ve done these items.

Who should be thanked?

What kind of Thank You is in order?

Personal…Letter, Email, Telephone,Visit

Public…Speech, Website, Public Display

Group…To all members, to representative

Creative….Song, Poem, Artwork

Honoring those who assisted

What is the timeframe for politeness?

Same Day, Same Week, Within the Month, Within the Season, Within the Year, Within a Lifetime

Did you go into detail about the assistance you received and explain what you’ve learned? Or was it a generic thank you? Is a small gift in order?

Did you raise funds? If so, did you meet with the book-keeper to offer thanks, and make sure that all of the follow through is complete (e.g. money sent to proper location, all of your paperwork sent in, etc.) Did you finish both sides of your ICC form and hand it in with enough turn around time?

Did you raise awareness about your project in the media, in the school, in the classrooms, amongst your classmates? Did you participate in a showcase of the projects, while marketing the program that gave you this opportunity? Did you provide evidence of your work, encourage others to participate, or offer advice on how your project could be improved if someone were to pick it up?

Did you create a multimedia presentation for future viewing?

Did you conduct surveys to gauge the effectiveness of your project? If you gave a preassessment, did you measure the postassessment against the original data and do a plus / delta for yourself? Did you include this survey information in the final presentation?

Focus Activity

Making Sense of the Dollars and Cents of Fundraising

Hello,

My name is Dala Camling son of Late Dr. Tavares Camling Sr. former personal assistant on financial matters to the Angolan President. I got your contact through the internet and decided to write you in trust and confidence. It is my humble decision to solicit for your understanding and cooperation in this business that will be mutually beneficial to both of us. At the mid term of the rebellion which is still on till date, my  father thinking fast decided to send my brother and I out of  the  country (Angola),with the sum of US$18 Million (Eighteen million  United States Dollars).The money was meant for the  purchase of arms  and ammunitions for the war, but my father had to divert the funds as  a way of frustrating the on-going war  that has claimed the lives of  millions of Angolan people. The bills were carefully moved as diplomatic baggage to Madrid, Spain.

Unfortunately, because of my father’s political influence he was assassinated last December. And as a result of our father’s death, we decided not to return to the country but seek for political asylum and look for an opportunity to safeguard the money for proper investment and prepare for our future. We however, discovered that as political asylum seekers, we are not allowed by law to seek for any gainful employment or open and operate a bank account.

We therefore need your assistance and co-operation in concluding this deal. You are needed to come over to Madrid, Spain and open a non-resident account where the entire funds will be deposited and subsequently transfer the funds to your nominated account via telegraphic transfer. The whole arrangement will be strictly under our supervision and the transaction will be absolutely risk-free. And the transfer to your account would be completed the same day. We intend to share the money upon successful completion of the transaction as follows: – 22% will be entitled to you for your   assistance, while 76% will be for us and 2% will be set aside to take care of expenses.

Should this meet your utmost consideration, kindly write back immediately to confirm your earliest date of arrival? Please include your contact number.

The confidentiality of this transaction cannot be over emphasized as we trust and believe that you will oblige us the security and attention it demands.

Kind Regards,

Dala Camling

Authentic Recipients

Tax Law

Administrative Costs

Connection between money and project

Impact

Personal Costs

Unique Idea

Issue/Problem being solved

Your Project:

For each of the cards, Fill out the following information -you may add extra criteria or add commentary to each, but you should have 5 cards total (4 + Your Project or 5 if you do not have a project of your own):

Total Raised

Total Administrative Costs

Total Personal Costs

Net Total

Allocation of Money

Extent in which Money matches the need (How much is the problem solved with money donations?)

On a scale of 1-10, how much good was done through your efforts?

If you have time, you can estimate the Budgeting Goals and Best Practices that would be produced from this poor Angolan soul. ( <http://bwog.com/2007/10/28/hello-i-am-a-nigerian-prince> )

[www.Oxfam.org](http://www.Oxfam.org)

<http://www.guluwalk.com>

<http://www.childrenandcharity.org>

<http://afghanistanmylasttour.com/school-supplies-for-afghan-children>

Meeting with Book-keeper

Tallwood Forms

ICC Meeting

Proposal OK

Fundraising Ideas

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Monthly Charts

Notes on Evaluation

Big Grades

Scholarship Scoring

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